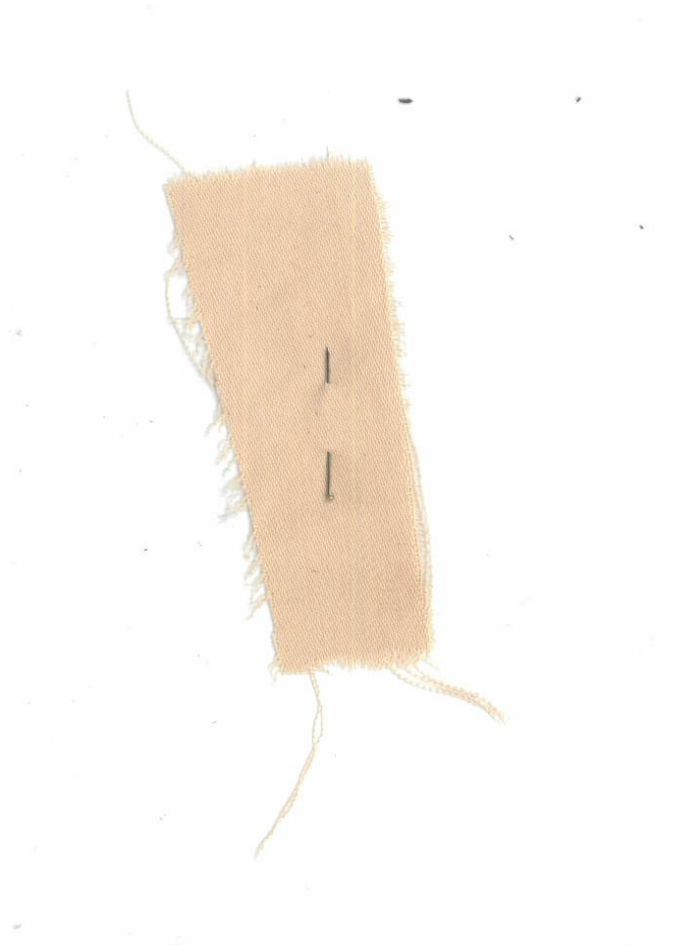


MARTHA BIRD

TO GILLIAN AND IAN BIRD







NATURAL / PINK

COLLECT AVOCADO SKINS AND STONES
FROM LOCAL BUSINESS

WASH THOROUGHLY

SIMMER ON A LOW HEAT FOR 2H

MEANWHILE SOAK YOUR FIBRES IN
HALF SOYA MILK HALF WATER

REMOVE FIBRES FROM SOYA MILK
AND PLACE IN AVOCADO BATH

SOAK FIBRES FOR 24H







NATURAL TAN

FILL A CONTAINER WITH BOILING
WATER

ADD TEA BAGS TO THE WATER AND
LEAVE FOR 2H

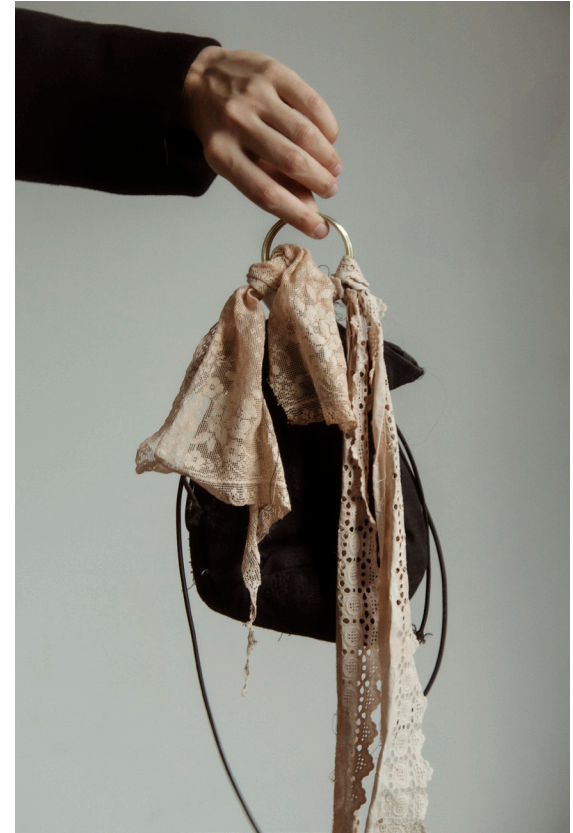
ADD FIBRES AND SOAK UNTIL
THEY ARE THE DESIRED SHADE













NATURAL BLACK

CREATE A TANNIN BATH WITH GALLNUT

125G TANNIN EXTRACT PER 500G
OF FIBRE

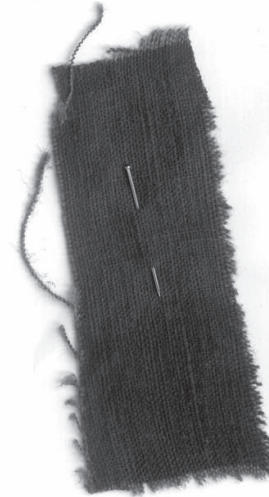
SOAK FIBRES FOR 24H

CREATE AN IRON MORDANT
SOAK FOUND RUST MATERIALS
IN 50/50 WATER AND VINEGAR
SOAK FIBRES FOR 30 MINUTES

DEEPEEN THE SHADE WITH LOGWOOD
BARK

500G LOGWOOD PER 500G OF
FIBRE

SOAK FIBRES FOR 1H









DESIGN AND STYLING BY
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JEWELLERY BY WINONA MAY
DODDS -SMITH

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